



City of Oxford Hockey Club

Junior Section: Dealing with an accident/incident

- Ensure that the rest of the group are safe, removed from the area of incident and supervised accordingly.
- Stay calm, but act swiftly and assess the situation for further danger. Do not risk further injury.
- Listen to the injured person, and note their comments if appropriate.
- Alert the first aider in attendance, who should take appropriate action for minor injuries.
- In the event of a major injury, call the emergency services.
- Do not move someone with major injuries; wait for the emergency services.
- In the event of a head injury, remove the person from the pitch as soon as it is medically safe and advise that attention be sought from an Accident and Emergency hospital department, or a registered medical practitioner.
- Contact the injured person's parent/carer.
- Complete an Accident/Incident Report Form as soon as possible.

In the event that the Astroturf pitch is evacuated, all young players should be escorted to the Sports Centre, where the register must be retaken.

First Aid

A qualified first aider is on call from the Oxford Brookes Sports Centre if required. Club first aiders are listed on the First Aid Information sheet (attached).